

Congregation Beth David

Narragansett, Rhode Island

CBD NEWS ... Autumn 2017

The Sounds of the Shofar ...



Among the most compelling, yet mysterious parts of our Rosh Hashana observance is the sounds of the shofar. Shofars are most often made from the horns of the African Kudu, pictured to the left. What follows is a history of the instrument that was often used for military purposes. We've condensed an article that is contained on the web site of Bar Sheshet – Rebak, shofar makers.

"The Shofar is mentioned seventy-two times in the bible in various contexts and functions...The role of the Shofar in the description of receiving the Torah at Mount Sinai may be the strongest expression of

the magic, supernatural, enchanted nature of the Shofar, which had such an impact on the imagination of people through the ages.

"In the description of the conquests of Joshua and the People of Israel, the **walls of Jericho came tumbling down** after blowing the Shofars. ..

"The Shofar was used, usually, for the following **military purposes**:

- Signaling and alerting:
- Weapon for frightening the enemy
- Announcing victory
- Announcing rebellion
- Cease fighting
- Warning sign about approaching enemy

"...It was customary to blow the Shofar on **coronations**, like in the story of Absalom (2 Samuel 15:10) and of Jehu (2 Kings 9:13) ... The Shofar is mentioned on occasions of festivals and worship, like on the occasion of bringing up the Holy Ark (2 Samuel 6:15) and in the repentance of Asa and The People (Chronicles B 15:14).

After the Destruction of the Second Temple

After the destruction of the Second Temple and in the Diaspora the Shofar lost its public and strategic meaning, but retained its ritual role, particularly on Rosh Hashanah and Yom Kippur.

(Continued on page 8)

From Rabbi Adler





Rosh Hashanah and Yom Kippur present opportunities to celebrate and reflect upon the old year, and more importantly, to look seriously at the new one. They reflect a time of letting go of our past mistakes, forgiving ourselves and others. In addition, the fall holidays are occasions to connect with loved ones, to underscore our humility in relation to G-d, and to pray with the intention of growing closer to each other, and to the very universe we live in. In that sense of renewal, there are several traditions that can help augment the message, meaning and mood of the High Holy Days. Review some traditions and find a way to incorporate one or more into you holiday celebrations.

- Eating apples and honey symbolizes the hoped-for sweetness of the New Year. Imagine the fun of going to a local apple orchard to pick your own apples for this tradition. You can add an extra ingredient to this activity by donating some of the apples to a local food pantry.
- Seeking forgiveness for our sins is an important part of Rosh Hashanah. We must be aware of our mistakes and repent. We are expected to make peace with the individual who hurt us or, if we sinned against others, we need to apologize to them personally. Nothing says 'New Year' by starting off with a fresh, new and empty slate. A family discussion might focus on what we are sorry for.
- Listening to the sounds of the Shofar wake us from the slumber of the current year. For some, it represents our thankfulness for the sacrifice of those who perished in to maintain our Jewish way of life. Others understand the Shofar as a reflection of the hope that the Jewish Messiah will soon herald an age of total peace in the world. At your holiday meals, you may wish to have a table talk entitled "What does the Shofar mean to you?"
- Rosh Hashanah would not be complete without a festive meal called "Seudat Yom Tov" "Holiday Meal." shared with family and friends where a round challah is used to represent the cycle of life. In addition, some families have the custom of eating fish since fish keep their eyes open all the time, and we hope that G-d keeps his eyes open and watches us all the time. In addition, some families try to eat something new for the season, fruit or vegetable, to represent the New Year. An appropriate time to try something new.
- Many Jews have adopted the tradition of reciting special prayers at a body of water like a river, lake or the sea. This is called 'Tashlich" meaning 'Casting Off." The custom is to cast pieces of bread into the water as a symbol of tossing sins away. This is done on the afternoon of the first day of Rosh Hashanah at the Narragansett Pier, near the Towers.

Hopefully, these and other rituals will enhance your High Holy Day celebrations and festivities.

Lori, I and our families wish all of you a "Shana Tova U'Metukah" – a Good and Sweet 5778 year!



2017 HIGH HOLIDAY SERVICE SCHEDULE 5778

SAT SEP 16	10:00 PM Selichot	@CBD
WED SEP 20	6:30 PM Erev Rosh Hashana	@CBD
THU SEP 21	9:00 AM Rosh Hashana - 1st Day	@AQUABLUE
	5:45 PM Tashlich / Narr.	@Pier Gazebo
	6:30 PM Mincha / Maariv	@CBD
FRI SEP 22	9:00 AM Rosh Hashana - 2nd Day	@CBD
	6:30 PM Mincha / Maariv	@CBD
SAT SEP 23	9:00 AM Shabbat Shuvah	@CBD
FRI SEP 29	6:30 PM Kol Nidre	@AQUA BLUE
SAT SEP 30	9:00 AM Yom Kippur Day / YIZKOR	@AQUABLUE
	4:45 PM Mincha / Study Session	@CBD
	6:15 PM Ne'illah	@CBD
	7:15 PM Havdalah / Shofar	@CBD
THU OCT 12	8:00 AM Shemini Atzeret / YIZKOR	@CBD
	7:00 PM Simchat Torah: HAKAFOT	@CBD

NOTE:

AQUA BLUE Hotel and Conference Center located at: 1 Beach Street, Narragansett, RI

CBD's Annual Appeal

As we did last year, in lieu of a High Holiday appeal, we are asking for your financial support through an annual appeal, as part of the dues process. Our financial goal this year is to raise \$17,000. We hope that each of you will participate at a giving level at which you are comfortable. (There is a line to respond to the appeal on your dues invoice.)

As of this writing, we are 73% of the way towards our dollar goal, and we thank those members who have responded. If you plan on responding to the appeal, and have done so in the past, please consider increasing your donation 10% this year. If you have not responded to the appeal in the past, we ask that you respond this year. Regardless, we greatly appreciate whatever amount you feel you can give, and your donation will allow us to concentrate on enhancing the services and programs to the CBD and the South County Jewish communities.

High Holiday Reminders



Our new portable ark, being built by Larry Kortick (pictured above) and his friend, Glenn Ramsay.

As reminder, tickets are required for admission into High Holiday services during Rosh Hashanah and Yom Kippur. Tickets are mailed to members in good standing (see note below). You will NOT be able to pick up your tickets and pay your dues in person. If you have misplaced your invoice and would like another sent to you please contact Lesley Engelson, membership committee chair at lesley.engelson@gmail.com or 401-789-3437.

Tickets are not required for your children 24 years old and younger, for Rosh Hashanah evening services, the second day of Rosh Hashanah and the Yom Kippur Ne'ilah service.

Guest Tickets

Members may purchase tickets for *relatives only* who are visiting Rhode Island. The price per ticket is \$120. To purchase a guest ticket contact Lesley Engelson, membership committee chair, at <u>lesley.engleson@gmail.com</u> or 401-789-3437.

College students and current active military service personnel do not require High Holiday tickets. They need only show an I.D.

If You Are Traveling During the Holidays

If YOU are spending any part of the holiday at another synagogue that requires tickets, please contact Lesley Engelson, membership committee chair, at lesley.engelson@gmail.com or 401-789-3437, who will

provide you with a letter of reciprocity. (You must be a member in good standing – see note below). *NOTE:*

Members in good standing have paid their dues in full, or have arranged other arrangements with CBD treasurer, Gary Engelson (gary.engelson@gmail.com or 401-789-3437)

Parking

When parking for the High Holidays at CBD or Aqua Blue, please respect our neighbor's property and that of Aqua Blue. The management of Aqua Blue has requested that we NOT park in the hotel's front parking lot located on Beach St. or in spaces that are reserved for Pier Village shopping. There is ample parking behind the hotel in the Pier Village or on the street. We have also made arrangements with the Ice House, located at the corner of Kingstown Rd. (one block from CBD) to use its parking lot during the High Holidays. There will be an attendant at the lot during service times.

Food Donations

Community food banks continue to struggle to meet high demands for provisions. As is our High Holiday tradition, we will be collecting non-perishable food during the High Holiday services. We encourage you to bring non-perishable foods to any of the High Holiday services. After the holidays, we will distribute Kosher nonperishable goods to the Kosher Food Bank; non-kosher items will be donated to area food banks in South County.

Cantor Adam Goldstein Returns to CBD



Cantor Adam Goldstein, who comes from a rich heritage of cantors and rabbis, returns to Congregation Beth David to co-lead high holiday services with Rabbi Adler.

And this year, Cantor Goldstein is planning a children's music program at CBD on Sunday, Sept. 24.

CBD's Challah Bakers









CBD's Community Garden helps food pantry



Pictured, from left to right: Arlene Hicks, Sheryl Girard, Karen Markin, Marion Myers, Kate Brewster, Bob Fricklas.

In May, the Congregation BethDavid Tikkun Olam Committee planted its first community garden to provide fresh vegetables for those in need in South County. In a four foot by 10 foot raised garden bed, the committee and other temple members planted 12 tomato plants.

We watched and waited, taking turns watering our garden throughout the summer. This week our efforts came to fruition as we harvested a sizeable crop of beautiful red tomatoes and presented them to the Jonnycake Center in Peace Dale for its food pantry.

"Our food pantry visitors love fresh fruits and vegetables, which can often be expensive to buy. The tomatoes donated straight from Congregation Beth David's garden help ensure that we have plenty of fresh produce on our shelves. We are extremely grateful," said Kate Brewster, executive director of Jonnycake Center of Peace Dale.

"It's been a labor of love, and we look forward to an even larger CBD community garden next year," Liz said.

Donations, June 3, 2017 - Sept. 11, 2017

General Fund

In Memory of Mother, Lucille Malise Joanne Malise

In Memory of Annette Kolt and Harold Salavon Ron Salavon

In Memory of the passing of Martin Dittleman, Father of Lori Gibson Judy and Leon Missry

Judy and Leon Missry Lesley and Gary Engelson

In Memory of Uncle Bertram Katzanek, Uncle Herman Katzanek, and Aunt Frances Katzanek Robin Katzanek

In Honor of the Birth of Great Granddaughter, Susan Jennifer Cecil Betty Rogan

In Memory of Father, Louis Shulman

Cindy Amundson

In Memory of Brother, Herbert Talan

Gladys Jacober

General Donation

William Panzeri

In Memory of Milton and Ava Dorfman, Parents of Gary Dorfman and Sam Dorfman, grandfather of Gary Dorfman

Vicki and Gary Dorfman

In Memory of Husband and Father, Richard Greenberg

Marilyn and Jodi Greenberg

In Memory of Paul Girard, Husband of Sheryl and Father of Fred Girard Amy and Joe Denhoff

Hope and Joel Rittner and family

In Honor of the Special Birthdays of Neal and Arlene Rogel

Dotty and Jerome Starr

In Honor of the Neal and Arlene Rogel on the Marriage of their son, Josh to Michelle Manket Sally and Harris Chorney

Get Well Wishes to Stan Barnet Sally and Harris Chorney

In Honor of the Peter Stonberg on the marriage of his son, Sam to Anna Pendleto Sally and Harris Chorney

In Honor of Congregation Beth David for a wonderful Kabbalet Shabbat Service

Nataliya and Avram Dresner

In Memory of Nephew, Benjamin Chorney

Nancy Chorney

In Memory of Benjamin ChorneySally and Harris Chorney

In Memory of Anna Lipsey Howard Lipsey

In Memory of Mother, Lucille Irving Judy Phillips

In Memory of Mother, Miriam Pressman Sara Nelson

South County Hebrew School Sara and Art Little

In Memory of Richard Greenberg, Husband and Father of Marilyn and Jodi Greenberg Lenore and Sheldon Rodman In Memory of Husband, Stephen Schneider Beverly Schneider

In Memory of Evelyn Wolff, Mother of Beryl Chapman and Mother-in-

Law of Elliot Chapman Beverly Schneider

Liz Karp and Peter Stonberg

In Memory of Grandmother, Lillian Katzanek

Robin Katzanek

In Memory of Mother, Bessie Talan and Sister, Evelyn Zimberg Gladys Jacober

In Memory of Brother, Charles Schwartzman Linda Nevins

In Memory of Lillian Chapman Elliot and Beryl Chapman

In Memory of Lillian Chapman Elliot and Beryl Chapman

In Memory of Grace Parness Shelley and Larry Parness

In Honor of Carole Robrish's Special Birthday
Susan and Phil Margolis

In Honor of the birth of Olivia Harlow Walke, Great Granddaughter of Gladys Jacober

Liz Karp and Peter Stonberg

In Memory of Father, Morris Talan Gladys Jacober

In Memory of Father, Sanford Chorney Alan Chorney

Donations, June 3, 2017 - Sept. 11, 2017

In Memory of Father, Sanford Chorney Nancy Chorney Harris Chorney

Oneg Sponsorship

In Memory of Albert Gelfenbaum, father of Vicki Dorfman Vicki and Gary Dorfman

In Honor of Centennial Anniversary of Touro Fraternal Touro Fraternal Association

In Memory of Brother, David Frank Deborah Rudman

In Honor of Louis and Anita Kleinbaum, Parents of Ricardo Kleinbaum

Jeffrey Engel and Ricardo Kleinbaum

Tree of Life

In Memory of Husband and Father, Marcus Rand Eleanor Rand and Family

In Memory of Husband and Father, Richard Greenberg Marilyn and Jodi Greenberg In Memory of Grandparents, Edmund and Else Schoenewald Gumpert

Jeffrey Engel and Ricardo Kleinbaum

In Memory of Parents, Ben and Hannah Rabinowitz; and In Honor of Grandchildren, Ben, Lauren, Ryan and Hannah Avedisian Esta and Paul Avedisian

Rabbi's Discretionary Fund

In Honor of Rabbi Ethan Alder and Congregation Beth David Manouch and Karolyn Darvish

In Honor of Rabbi Ethan Alder Richard Winkler

Annual Appeal

Beth Dworetzky and Kevin Friedland Judy and Stan Barnett Anne and Charles German Marion Myers Roberta and Ken Sherman Susan and Harvey Smith Gayle and Philip Sock Mary and Bob Fricklas Hope and Joel Rittner Eleanor Rand Alan and Marlene Witten Susan and Louis Kirschenbaum Sheri and Doug Snow Cynthia and Richard Amundson Sally and Harris Chorney Vicki and Gary Dorfman Ruth and Jeff Jarrett Howard Poulten Karla Steele and Marshall Feldman Lesley and Gary Engelson Gladys Jacober Nancy Chorney Beryl and Elliott Chapman Joan and Stephen Garfinkel Anna Kolodner nd Monty Gold Robin Katzanek Janet and Larry Kortick Sara and Art Little Karen Markin Stephen Poulten Arlene and Neal Rogol Gary Light Betty Rogan **Deborah Chorney** Arlene and Bob Hicks Sara and David Nelson

CBD exploring Israel trip



We are exploring the possibility of a group tour to Israel in 2018. For those interested in learning more, there will be an exploratory meeting on October 15, 2017 at 10 at Bagelz (90 Pershing Ave. Wakefield, RI 02879). In attendance to answer questions will be Rabbi Howard Sowalsky, who has arranged over 100 trips to Israel.

It is important that we gauge the level of interest in attending the exploratory meeting so please email Harris Chorney at hrchorney@verizon.net by October 11, 2017 if you plan on attending.

Pictured to the left is the Scroll of Fire, one of the remarkable sculptures in Israel. It tells the story of the rebirth of Israel, from the Holocaust to the Six-Day War, and is located in the largest memorial to the Holocaust in the world, the Martyrs Forest, comprised of six million trees — four and a half million representing the adults who perished in the Holocaust, and a million and a half representing the children who perished.

Congregation Beth David 102 Kingstown Road, Narragansett, RI 02882

(Shofar from page 1)

From the days that preceded the Destruction of the Second Temple we still have the testimony of Philo of Alexandria about the use of the Shofar in Rosh Hashanah and the meanings attributed to it. The use of the Shofar on Rosh Hashanah and Yom Kippur is influenced by the principles of using the Shofar in biblical times.

From aish.com comes a description of the actual shofar notes that are played on Rosh Hashana. THE *TEKIAH* SOUND, one long, straight blast.

In Jewish tradition, a king is first and foremost a servant of the people. His only concern is that the people live in happiness and harmony. His decrees and laws are only for the good of the people, not for himself. (see Maimonides, Laws of Kings 2:6)

The object of Rosh Hashana is to crown G-d as our King. *Tekiah* – the long, straight shofar blast – is the sound of the King's coronation (Malbim – Numbers 10:2). In the Garden of Eden, Adam's first act was to proclaim G-d as King. And now, the shofar proclaims to ourselves and to the world: G-d is our King.

THE SHEVARIM SOUND, three medium, wailing sounds

When we think about the year gone by, we know deep down that we've failed to live up to our full potential. In the coming year, we yearn not to waste that opportunity ever again. The Kabbalists say that *Shevarim* – three medium, wailing blasts – is the sobbing cry of a Jewish heart – yearning to connect, to grow, to achieve. (Tikunei Zohar – 20-21, 49a)

THE TERUAH SOUND, nine quick blasts in short succession

On Rosh Hashana, we need to wake up and be honest and objective about our lives: Who we are, where we've been, and which direction we're headed. The *Teruah* sound – nine quick blasts in short succession – resembles an alarm clock, arousing us from our spiritual slumber. The shofar brings clarity, alertness, and focus. (Malbim – Yoel 2:1)